



For Immediate Release

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Giving Thanks: 17th-Century Food Traditions at Mission San Luis

TALLAHASSEE — Bring your family and friends to experience the preparation of traditional foods from the 17th century on the Saturday after Thanksgiving at Mission San Luis. All cultures are grateful for a good harvest, and the Apalachee and Spanish residents of Mission San Luis were no exception. Join us for the *Giving Thanks* demonstrations on Saturday, November 26, 2011 from 10 a.m. to 4 p.m.

The unique culinary history of the Mission comes to life when historical interpreters in period dress smoke meat and fish on the barbacoa, demonstrate the use of native and European plants from the Mission's gardens and fields and make preparations for the feast. Learn how people and foods from the New and Old Worlds came together to create a cross-cultural cuisine. There will be hands-on food preparation activities for children.

Real Paella will be doing a cooking demonstration starting at 10:30 a.m. and offering plates of traditional and modern paella for purchase around 12:30 p.m. There will also be a food drive for *Second Harvest*. Bring in non-perishable food or monetary donations and receive a coupon for 10% off purchases from *El Mercado: The Shop at Mission San Luis*. Supporting *America's Second Harvest of the Big Bend* will help fight against hunger and feed hope in our community.

Mission San Luis was the western capital of Spanish Florida from 1656 to 1704. Today the Mission recreates this community through costumed living history guides, reconstructed buildings, exhibits and archaeological research. The site is a National Historic Landmark and recipient of a Preserve America Presidential Award.

Mission San Luis is located at 2100 West Tennessee Street in Tallahassee, Florida. The site is open Tuesday through Sunday from 10 a.m. to 4 p.m.. Admission is \$5 for adults, \$3 for seniors over 65, and \$2 for children aged 6-17. Members, children under 6, and active duty military are free. Mission San Luis is managed by the Florida Department of State's Bureau of Archaeological Research. Programs and events are sponsored by the Friends of Mission San Luis, Inc.

For more information, call 850.245.6406 or visit www.missionsanluis.org.

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